

For Assistance During Race, Call
Garry 905-809-5138 or
Bob 905-960-0543

Scale: ~ 1:50 000
Contour Interval 10 Metres

- | | | | |
|--|---------------|--|------------------|
| | Park | | Highway |
| | Forest | | Regional Road |
| | Wetland | | Secondary Road |
| | Hospital | | Road Allowance |
| | Campground | | Parking |
| | Accommodation | | Roadside Parking |
| | | | Telephone |
| | | | Restaurant |
| | | | Store |
| | | | Gas |

MAP 6

change from road to unmaintained road - SANDY

watch for narrow opening in fence to enter forest

unmaintained road - SANDY

follow directional signs for biking

follow directional signs for biking

change from road to forest trail

CHECKPOINT #7

continued from Map #5

