

READY TO RACE

It's important that you prepare for the race. Here are some tips. Also review the material provided to your Team Captain.

Maps! You gotta have them.



Lights for Night Racing



Canoes, paddles and PFDs



Bibs worn on the front, please.



Clothing. Dress for the weather and time of day.



Did we mention the importance of studying your maps?



Carry a cell phone



Food and Water



Friends



Transportation

