



Oak Ridges Trail

- Hospital
- Campground
- Accommodation

For Assistance During Race, Call
 Garry 905-809-5138 or
 Bob 905-960-0543

route alternates
 from sandy trail to
 road to forest trail
 and back again to
 Checkpoint #8 on
 next map

See Map #8

MAP 7

CHECKPOINT #7

Follow directional
 signs for biking

